



The Lighthouse



NMA...The Leadership Development Organization
Columbus Public Service Chapter
The first Public Sector Chapter - est.1981

Officer Nominations Are Now Open

Nominations are now open for the following offices:

First and Second Vice President

Any candidate for these positions shall have been a member of the Chapter for one year before taking office, and shall have been a director, officer and/or committee chairperson for one year before taking office. The President and Vice President(s) shall not be concurrent members of the Board of Directors.

The President will oversee the operation of the Chapter, conducting a monthly Board meeting and Member Event (breakfast, lunch or dinner) with the help of other officers and committee members. In the event the President cannot attend, the First or Second Vice President will step in.

Nominations will not include the position of President as the 2013-2014 First Vice President (Stacey Cooperwood) will ascend to the Presidency. First and Second Vice are OPEN.

Secretary/Treasurer

Any candidate for these two positions shall have been a member of the Chapter for one year before taking office, and shall not be a concurrent member of the Board of Directors. After serving a full 12 month term, no officer, with the exception of Secretary and/or Treasurer may succeed him/her in the same office.

The Secretary will schedule and attend board meetings, take and keep the notes of such meetings and assist in the paperwork process of new members.

The Treasurer will maintain



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February 2014

Visit the Columbus Public Service chapter website:

<http://www.nma-cpsc.org>

Visit us on Facebook at www.Facebook.com/NMACPSC

The latest issue of Breaktime can be found at: <http://www.nma1.org/Communications/Breaktime/2014-02/2014-02.pdf>



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NMA Family Scrapbook

**Welcome
Back
President
Terry
Neal!**



The Three L's of Leadership: Love, Listen and Leap

From Forbs.com
Kevin Cashman, Contributor

During times of knee-buckling, gut-wrenching change, like the recent Super-Storm, Hurricane Sandy, that devastated significant parts of the eastern seaboard, we receive a collective wake-up call about what is most fundamental and enduring in our lives. In times of crisis, we feel called to lead, to remind others and ourselves what is important. Managers may remind others about process and profit, but it is up to authentic leaders to remind us of essential life principles.

The First "L" in Leadership: Love

As leaders, we do too much and love too little. Yes, love. Okay, maybe you're uncomfortable with the "L" word in a business context. So, what if we use the "C" word—Care. Or, the "A" word—Appreciate. As leaders we don't appreciate enough much less care or love enough. We likely have an infinite capacity for loving, yet we're reticent about spending it despite the fact that this "L" word or whatever word you want to use in its place is the substance that unifies teams, builds collaborative cultures, fosters meaningful commitment, and bonds people to an organization. It renews more and more love as we spend it. As we've seen in the responses by rescue and recovery

teams, organizations, and individuals from all over the U.S., and from other nations, the "L" word or caring, is a compelling force for achieving goals against overwhelming odds.

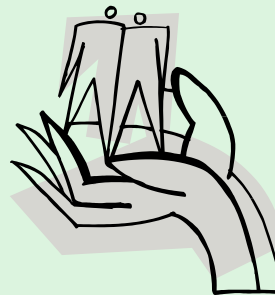
Early in my executive coaching career, I had the good fortune to advise some of Vince Lombardi's Super Bowl Champion Green Bay Packers. Football historians and fans still talk about this legendary team as one of the greatest American football teams in history. Although the former players I was coaching had transitioned to business careers, Lombardi's influence was still

very present in their lives and in their leadership.

I had always viewed Lombardi as the iconic, hard-driving, tough football coach.

However, I did not know the person behind the

coach, the person who was passionate about growing each team member in a highly intimate and personal way. On separate occasions, each of the former players surprised me with similar sentiment about Lombardi; "I have never been so loved by someone outside my family. We all knew he would do anything for us...*anything*. We would go through walls for this man." Coach Lombardi earned the right to drive his talent to the limit, because his intense drive was balanced by his equally intense caring. He awakened in



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Announcements

March Luncheon Event

Date: Thursday, March 20, 2014
Time: 11:15 AM to 1:00 PM
Location: The Jerry Hammond Center
 1111 E. Broad Street, Lower Level
 Columbus, Ohio 43205

Menu

Variety of Sandwiches, and Sides, Dessert and Beverages Catered by:



Agenda

- 11:15 a.m. Registration and Social Time
- 11:45 a.m. Pledge of Allegiance and Invocation
- 11:50 a.m. Lunch is Served
- 12:15 p.m. Program: *Susan Stasiack Rejuvenating Faciliskills*
- 12:40 p.m. President Terry Neal Committee Reports
- 12:45 p.m. 50/50 Raffle, Bonus Bucks and "Where's Terry" Contest
- 12:50 p.m. Adjourned

Please make your reservation to Judy Johnson, jajohnson@columbus.gov by March 17, 2014

Don't forget your canned goods for the Mid-Ohio Food Bank and your Pop Tabs for Ronald McDonald House

The guest fee is \$10.00, payable at the event.
 Checks payable to: CPSC NMA



Annual Speech Competition Deadline Extended!

WHAT: Chapter 220 Local Level Annual Speech Contest

WHO: Open to all High School Students Grades 9-12 and Home Schoolers

WHEN: 6:00 PM, Thursday, March 27, 2014

WHERE: Columbus Division of Fire Administration and Training Complex, 3639 Parsons Avenue, Columbus, OH 43207

CONTACT: Bee Tolber at bvtolber@columbus.gov or Teresa Langer at tlanger@columbus.gov or 645-4128

WANTED: NMA BOOSTERS

The Columbus Public Service Chapter is looking for members to represent NMA to their department.

For more information, contact National Director Kathy Spatz at 645-0487 or KASpatz@Columbus.gov

Professional Development

All are welcome to attend:

City of Columbus Toastmasters



Meetings:

1st Thursdays

Citywide Training Center
750 Piedmont Rd.
Training Room C
12:00 to 1:00 PM

2nd Thursdays

77 North Front Street,
Lower Level
Columbus Stat Room
12:00 to 1:00 PM

3rd Thursdays

Columbus Public Health
240 Parson Ave.
Room 119-C
6:00 to 7:00 PM

**For more information,
Call 645-6032 or 216 8988**



SINCE

Denotes a relationship in time. Do not use as a synonym for because.

Announcing FACILSKILLS™

Fostering a Culture of Participation

Getting people to work together isn't always easy...

FaciliSkills™ is all about collaborative relationships which open doors and make life simpler in the community, and within the organization. In short, one needs to "facilitate" all aspects of life in order to accomplish goals.

FaciliSkills™ workshops provide the tools for having greater impact and broader influence, for leveraging time and making better decisions, and for fostering personal growth and ultimately growing your business.

FaciliSkills™ Workshops are designed for...

- Managers who lead groups or project teams
- Anyone thrust into a leader's role without direction
- Emerging leaders seeking new skills to benefit their organization and advance their careers
- Teams that have stalled mid-project.

All classes will be held From 8:00 am to 12:00 pm

at 1881 E 25th Ave, Training Facility Room A

Fees: Members No Charge, Non Members \$95

Upcoming Faciliskills Class Schedule

#4 Logistics and Process Dynamics—March 25, 2014, Register by March 21, 2014.

For more information contact Tami Peters, Division of Public Service 645-2688 or visit <http://www.nma-cpsc.org/Assets/FaciliskillsFlyer.pdf>

The NMA Leadership Model



Derived from a similar model in Results Based Leadership by Ulrich, Zenger, & Smallwood.

February Event Notes

After a delicious lunch provided by **Lawshea's**, Community Outreach Partnership Coordinator **Lauren K. Fitting**, an ambassador for Lifeline of Ohio, provided an overview of the organization's mission and how we all can help.

Lifeline of Ohio's mission is to empower our community to save and heal lives through organ, eye and tissue donation. Their vision is a community where every individual embraces organ, eye and tissue donation.

Lifeline of Ohio's values include: Compassion, Advocacy, Integrity, Excellence and Collaboration.

An independent, non-profit organization, Lifeline of Ohio promotes and coordinates the donation of human organs and tissue for transplantation.

Each year in Ohio, an average of 200 people die waiting for an organ transplant. Statistically, one person dies every other day.

As transplantation has emerged as the preferred and most successful treatment of many life-threatening diseases, the need for these life-saving gifts has increased. Today there are more than 120,000 Americans on the transplant waiting list, with at least 3,400 waiting at one of ten transplant centers in Ohio.

Also attending the event was kidney recipient Sheri Goodwin, a Personnel Analyst 2 for the City of Columbus. She recounts her story:

In late 2003, I wasn't feeling my best. I thought I had the flu, but after my symptoms got worse I decided to seek urgent medical treatment. It turned out I was in complete kidney failure due to my uncontrolled high blood pressure. I was immediately put on dialysis for two weeks to help regulate my kidneys.

After a few months of time off or part time work, I returned to work full-time in March 2004. Unfortunately, over time, my energy depleted and I found it harder and harder to do my daily tasks. Once a young, vibrant woman in her early 30's, I was now tired and struggling to make it through my week.

Before I was listed for a transplant my family members were tested to see if they could be my donor. But for one reason or another they were all ruled out.

After enduring five years of dialysis while waiting for a kidney transplant, on March 16, 2008, I received the Gift of Life.

After my transplant I couldn't believe how wonderful I felt! I was able to return to work full time after my recovery. Five and a half years after my life-saving transplant, I can say how incredible this gift is! It has changed the course of my life forever.

I learned my donor was Jackie, who had lived right here in Columbus, Ohio. I've had the opportunity to meet my donor's family and we correspond regularly.

I now volunteer with Lifeline of Ohio and have done a variety of activities, and speaking engagements, and worked at several health fairs and events to register organ, eye and tissue donors.

On behalf of all of the Columbus recipients, donor families, living donors and those touched by donation, thank you for your support of organ, eye and tissue donation.

Officer nominations were taken from the floor of the event, as well as by email notification, and are listed on page 9.



City employee Sheri Goodwin, Chapter President Terry Neal with Lauren K. Fitting from Lifeline of Ohio.

February Winners

The **50/50 drawing** total was \$110. Winner **Terrell Spencer** won \$55, with the remainder going to support our speech contestants.

Mark Calvert was present when his name was drawn for Bonus Bucks, so he won the accumulated \$50 prize. Next month's prize will again be \$10.

Teresa Langer won a \$25.00 gift card to Cameron Mitchell Restaurants. Teresa's name was drawn from 16 correct responses for the **"Where's Terry"** Contest. The correct response was City Hall.



"Gift of Life" recipient Sheri Goodwin

Community Service

NMA Member Joins PBR 10-K for Local Charity.

I suppose leadership at one time meant muscles; but today it means getting along with people.

Mahatma Gandhi



I have decided to stick with love. Hate is too great a burden to bear.

Martin Luther King, Jr.

NMA Secretary, Amy Ackerson, did a lot of good as she participated in a PBR 10K. What is a PBR 10K you ask? Well, it is not your average 10K that's for sure! This 10K has absolutely nothing to do with kilometers. Believe it or not, it has to do with beer; 10,000 of the Pabst Blue Ribbon variety, to be exact.

The premise is pretty simple. The goal was to gather as many people as possible in one place to drink 10,000 PBRs, all while having a great time, listening to live music from some great bands, and banking money for a good cause. Yes, each of the 10,000 beers is a beer for charity!

Red, White, and Bank is a charity that was organized by The Parker Lee Foundation, a non-profit organization based in Columbus with the mission of improving the quality of life for disabled and disadvantaged children in the Central Ohio area. Recipients include, but may not be limited to, the Short Stop Youth Center in the Short North. The center works with children ages 8 to 18 to advance personal growth and development.



NMA Columbus Public Service Chapter Secretary Amy Ackerson (center back row) with friends at the event

Community Service

NMA's Helping Hands

NMA believes in Community Service, and our members volunteer many hours of their time to help make a difference:

Bruce Black volunteers for the East Haven Block watch and the Berwick Civic Association.

Julia Carter volunteers for Project Mentor at Eastmoor High School during the school year. She also volunteer at Big Brothers/Big Sisters at Eastmoor High School this month.

Stacey Cooperwood is president of the Glenwood Recreation Center CRC Board.

Jeffrey Emhuff volunteers at the Franklinton Tutoring Program at Avondale Elementary School.

LaVerne Freeman helps out with childcare at her church two Sundays each month, and was a volunteer for Autism Speaks in October.

Cindy Fruth continues to

volunteer as the Treasurer of the Columbus Employees Association and is also the Treasurer of her church.

Beth Fairman Kinney is president of the United Crestview Area Neighbors Civic Association. She also Volunteered at Clinton Elementary School this month.

Judy Johnson volunteered at the Mid-Ohio Food Bank in Grove City this month.

Teresa Langer continues to sell candy bars to support the NMA speech contest.

Lisa Landoll volunteers at the information desk at Riverside Methodist Hospital.

Terry Neal volunteers on the Board of Directors for the Eastgate Garden Civic Association.

Tami Peters continues to volunteer her time for the Hamilton Meadows Civic

Association and the Ginkaku-Ji Karate Dojo.

Jan Reese volunteers at Golden Endings Golden Retriever Rescue.

Kathy Spatz volunteers on the Westerville Shade Tree Commission.

Terrell Spencer currently holds the office of President for The Livingston Heights Place Civic Association.

Marcellus Stewart is a volunteer for America Men's Shelter .

Bee Tolber continues to volunteer as a mentor in the Alpha Minority Youth Engineering program, and helped out at the Traylee Center.

Jeff Ushry is a Youth football Coach with the Columbus Ice and volunteers for the Eastmoor Academy Touchdown Club.

Scott Ward volunteered at the Veteran's Day Parade and Chili Dog Sale at Vets Memorial.

Enlightened leadership is spiritual if we understand spirituality not as some kind of religious dogma or ideology but as the domain of awareness where we experience values like truth, goodness, beauty, love and compassion, and also intuition, creativity, insight and focused attention.

Deepak Chopra



Nominations

Continued from Page 1

the accounting system for the Chapter, preparing and maintaining the budget, reporting monthly on expenses and all invoicing of membership to the entities involved.

Board of Directors

A director shall have been an officer and/or committee chairperson for one year before taking office as director and should not serve as a President, Vice President, Secretary or Treasurer, or standing committee chairperson during his/her term as director. Where any division does not have an eligible candidate for the Board of Directors, the Board may waive the eligibility requirements.

Board members represent respective departments. Those eligible for nominations are: Development/Building Services, Public Service, Technology, Public Safety, Finance/Fleet, and SWACO.

If you are interested in more information or want to NOMINATE someone or yourself, please contact Teresa Langer at 645-4128 or tlanger@columbus.gov



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Call for Award Nominations

The Columbus Service Chapter of NMA is currently accepting nominations for the following annual leadership awards.

Silver Knight Award



This is the highest award our Chapter can bestow. Individual must be an executive who sets an example and inspires other Chapter members. It should be someone who consistently applies the principles of NMA's Code of Ethics to his/her daily work. Someone who has served as an outstanding influence in preserving our competitive enterprise system and contributes to a better understanding of the Association. This award is not limited to NMA members. **The nomination form can be found at:** <http://www.nma-cpsc.org/Assets/Silver-Knight-Nomination-Form>

Manager of the Year



This is someone who is dedicated to the principles of leadership and has demonstrated this throughout the chapter and the community. They have made a significant contribution to professional and civic activities. Someone who is fair, impartial, ethical and supportive in their professional and personal dealings. They have a strong managerial leadership style while applying best management practices to achieve success. This award is not limited to NMA members. **The nomination form can be found at:** <http://www.nma-cpsc.org/Assets/Manager-of-the-Year-Nomination-Form>

Member of the Year



A Current NMA member whose efforts over the last year have enhanced the effectiveness, image and advanced the purpose of our NMA Chapter. They must have regular attendance, participation as a Chapter Management Leader, Officer or Committee Chairperson, have sponsored a new member, volunteered for Special Chapter Project, earned the Certified Manager Designation, contributed an article to the newsletter, participated in Buckeye Council or have acted as a Course Leader for an NMA Course. **The nomination form can be found at:** <http://www.nma-cpsc.org/Assets/Member-of-the-Year-Nomination-Form>

The Three L's of Leadership

Continued from Page 2

his players the respect, drive, and caring he held within himself.

When people know that a leader cares, know that a leader is in it for them, great things are possible.

Lombardi understood that the deep emotional connection each team member felt multiplied each player's own sense of purpose and connection to something larger ...to a higher, more team-focused purpose. Purpose-fueled connection is the glue of leadership, bonding parts and revealing wholeness. This powerful, energetic connection drives us to higher performance and more effective, enlightened leadership. We are usually embarrassed to acknowledge it, but love, leadership, and high performance are intimately connected. In fact, love is what deeply connects and activates them all. New Jersey's Governor Christie has praised President Obama for genuinely being there to listen to the Governor, for working in synch with him in responding to the needs of the people of New Jersey. He was on the phone with him everyday, really caring, listening and leading, making sure no barriers stood in the way. *Love is the caring fuel of leadership and life transformation.*

The Second "L" in Leadership: Listen

One of the most effective ways to show strength as a leader is to practice authentic listening. Research has shown how listening can transform

relationships, teams, and leaders. Set the goal of fully understanding the thoughts and feelings people are trying to express in all your meetings. Ask questions and express insights to draw people out, to open them up, and to clarify what is said. Encourage people to say what is behind their thoughts. Resist the urge to express your viewpoint, or give an answer, which shuts people down. Not only will this help you to understand the value and contribution others can offer, it will create a new openness—a platform for true synergy—that will allow you and everyone else to lead forward with greater impact. *Listening is the soul of synergy, bringing us together to move from management transaction to leadership transformation.*

The Third "L" in Leadership: Leap

As important as caring and listening are, the leader still needs to take the leap to lead others to a new reality. *Managers improve what is, managers enhance what is, managers move forward what is, but leaders go beyond what is.* Leaders earn the right to leap, to bring others to new levels, frontiers, through their love and listening. But, then they must take the collective leap with authenticity, connection, and value creation. Leaders courageously leap from the known to the unknown; they leap into the future now.

Pause Point: What can you do today to lead with more love, listening, and leap potential in your team, your organization, your family...your life ?

Nominations

Continued from Page 8

As of February 26, 2014, the following nominations have been submitted:

President: Stacey Cooperwood

First Vice President: Scott Ward

Second Vice President: Open

Secretary: Amy Ackerson

Treasurer: Elaine Brunney

Board of Directors:

Development: Beth Fairman Kinney

Public Service: Jay Gantzer

Technology: Open

Finance/Fleet: Open

SWACO: Albert Iosue

To nominate someone or yourself, please contact Teresa Langer at 645-4128 or tlanger@columbus.gov



If your actions inspire others to dream more, learn more, do more and become more, you are a leader.

John Quincy Adams

NMA-Lighthouse Puzzles



NMA Calendar 2014

March



- 9 Daylight Savings Time Begins
- 13 Chapter Board Meeting
- 13 Speech Contest Deadline
- 20 Chapter Lunch Event
- 21 First Day of Spring
- 25 Faciliskills #4
- 27 Speech Contest

April



- 10 Chapter Board Meeting
- 14 Passover First Seder
- 14 Chapter Event *Speech Contest Winner*
- 22 Passover Last Day

May



- 8 Chapter Board Meeting
- 13 Chapter Meeting Event

January Puzzle Solution

Columbus City Hall

The correct answer was submitted by **Teresa Langer**. Correct answers were also submitted by:

- | | |
|-----------------|-------------------|
| Yvette Aniagolu | Jan Reese |
| Rhonda Brown | Terrell Spencer |
| Mark W. Calvert | Rita M. Stone |
| Barb Crawford | Bee V. Tolber |
| Cindy W. Fruth | Jeffrey A Ushry |
| Debbie Ioia | Scott Ward |
| Lisa M. Landoll | Patricia M. Zeier |
| Mark W. Law | |



February Puzzle



To enter the contest, find Terry's location (name the city and the business) and send it to: NMA-lighthouse@columbusbussystem.com.

The contest winner will be selected by random drawing from all correct entries at the next NMA meeting event. Entries for this puzzle must be received by 5 PM March 19, 2014 to be considered.

What is NMA?

NMA The Leadership Development Organization is a professional association headquartered in Dayton, Ohio. The Association is a national not-for profit organization serving about 20,000 members worldwide.

NMA Code of Ethics

I will recognize that all individuals inherently desire to practice their occupations to the best of their ability.

I will assume that all individuals want to do their best.

I will maintain a broad and balanced outlook and will recognize value in the ideas and opinions of others.

I will be guided in all my activities by truth, accuracy, fair dealing and good taste.

I will keep informed on the latest developments in techniques, equipment, and processes.

I will recommend or initiate methods to increase productivity and efficiency.

I will support efforts to strengthen the management profession through training and education.

I will help my associates reach personal and professional fulfillment.

I will earn and carefully guard my reputation for good moral character and good citizenship.

I will promote the principles of our American Enterprise System to others, by highlighting its accomplishments and displaying confidence in its future.

I will recognize that leadership is a call to service.

NMA Statement of Principles

NMA is dedicated to managerial excellence, personal and professional growth, and leadership development. The following principles identify NMA's core beliefs and provide the basis for the Association's Mission Statement.

We believe in the highest standards of personal and organizational integrity and respect for the individual.

We believe in lifelong learning, continuous improvement, and the development of a workforce capable of sustaining a competitive posture in the global economy.

We believe management is a creative, dynamic, and essential process enabling people to achieve personal and organizational objectives.

We believe that managerial responsibility is shared among all individuals at all levels of the organization and that leadership is critical to management success.

We believe that individuals and organizations have a community and civic responsibility.

NMA Mission Statement

NMA creates leadership development products and opportunities that maximize the potential of our members, sponsoring organizations, and communities.

NMA OFFICERS AND BOARD MEMBERS – JULY 2013-JUNE 2014

Officers/Term End	Name	Phone	Email
President	Terry Neal	221-3132x75480	tneal@columbus.gov
1st Vice President	Stacey Cooperwood	645-6219	SMCooperwood@columbus.gov
2nd Vice President	Scott Ward	645-1834	RSWard@columbus.gov
Secretary	Amy Ackerson	645-8119	aackerson@columbus.gov
Treasurer	Elaine Brunney	645-5705	embrunney@columbus.gov
Immediate Past President	Teresa Langer	645-4128	tlanger@columbus.gov
National Director	Kathy Spatz	645-0487	kaspatz@columbus.gov
National Director (Retired)	Bill Mahaffey	795-1582	Billm4715@sbcglobal.net
Board of Directors			
At Large/2015	Barb Crawford	645-8248	bcrawford1@columbus.gov
Development/2014	Beth Fairman Kinney	645-7116	bfkinney@columbus.gov
Finance-Fleet/2014	Terrell Spencer	645-6133	tlspencer@columbus.gov
Public Safety	Vacant		
Public Service/2015	Ray Gantzer	645-0413	RJGantzer@columbus.gov
Public Utilities/2015	Cindy Fruth	645-7304	cmfruth@columbus.gov
SWACO/2014	Albert Iosue	871-5100	albert.iosue@swaco.org
Technology/2014	LaVerne Freeman	645-0550	lafreeman@columbus.gov
Committees			
Chapter Awards	Geneva Christensen	645-5384	gchristensen@columbus.gov
Community Service	Bee Tolber	645-7496	vvtolber@columbus.gov
Membership	Carnell Felton	645-3138x1202	cbfelton@columbus.gov
Programs (Co-Chair)	Judy Johnson	645-0526	JAJohnson@columbus.gov
Professional Development	Tami Peters	645-2688	tlpeters@columbus.gov
Public Relations	Sima Gellman	563-1389	sima@columbus.rr.com
Executive Advisory Committee			
	Title	Agency	
Derek Anderson	Deputy Director	Public Utilities	DHAnderson@columbus.gov
Gary R. Cavin	Director	Technology	GRCavin@columbus.gov
W. Skip Parks	Administrator	PS/Refuse	WJParks@columbus.gov
Dr. Richard Westerfield	Administrator	Public Utilities	RCWesterfield@columbus.gov
Teresa Langer	Past President	Safety/Fire	TLanger@columbus.gov



The Lighthouse is published monthly by the Columbus Service Chapter of NMA, LaVerne Freeman, Editor; Geneva Christensen, Sima Gellman, Teresa Langer, Terry Neal and Kathy Spatz, Committee Members. Amy Ackerson, Teresa Langer, Terry Neal, Tami Peters and Bee Tolber contributed to this month's issue. Submit articles to: lafreeman@columbus.gov or NMA-Lighthouse@columbus.gov.