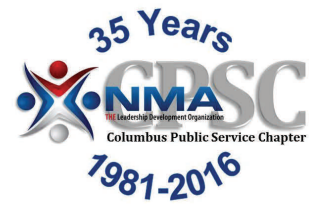




The Lighthouse

**NMA...The Leadership Development Organization
Columbus Public Service Chapter**
The *first* Public Sector Chapter - est.1981



April Meeting: City Council Member Shannon Hardin



NMA President Jeff Emhuff with City Council Member Shannon Hardin

Columbus City Council Member, Shannon Hardin, spoke at the April member meeting. Councilmember Hardin was no stranger to most of in the crowd, since he has a long history working with the City. Shannon started his career with the City as an intern with the Department of Public Utilities. He then went on to working at the Mayor’s Action Center, working in the Mayor’s Policy Office and now City Council. He comes from a legacy of public servants, with both his Mother and Grandmother, both retired with over 30 years of service.

Councilmember Hardin’s focuses are Public Service, Transportation, Small & Minority Businesses and My Brother’s Keeper. He has a love for Columbus, and looks forward to helping shape the future of Columbus. His idea of government is that we do what people can’t do for themselves. Councilmember Hardin earned his bachelor’s degree from Morehouse College after studying abroad in Nairobi, Kenya. He was born and raised on the South Side of Columbus.

April 2016

Visit the Columbus Public Service Chapter website:

www.nma-cpsc.org

Visit us on Facebook at

www.Facebook.com/NMACPSC

Read the latest issue of Breaktime at

www.nma1.org/nma-breaktime

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NMA Family Scrapbook



Get Well Soon to Terry Neal who is in resting at home.

Get well Soon to Kasia Richey who is recovering from an injury that occurred at work.

Condolences to Beth Fairman Kinney on the loss of her Grandpa-In-Law.

If you have information regarding a NMA member that you'd like to share, please email Beth at bfkinney@columbus.gov

Thanks!



Letter from President

Happy Spring fellow NMA CPSC members! Well, it's officially Spring and the weather is slowly warming up and the days are getting longer. Spring is my favorite time of the year (followed very closely by Autumn). To me, Spring represent a rebirth and renewal of nature, and in many ways, a renewal of my spirit. After the long, cold winter season with the short daylight hours, it feels great to see the sun and to be outside again. I love watching the leaf buds grow and then open on the trees and watching the flowers bloom. Yes, even the dandelions. I love the return of the migratory birds and all their songs. We usually have a robin family build a nest on one of our house's downspout. My entire family gets a kick out of watching the babies hatch, grow, and then learn to fly. It's a great lesson on life for my boys. We also get regular traffic of squirrels, rabbits, skunks, and opossums going through our backyard.

Spring time is when Mother Nature is in all of her glory! I encourage all of our members to take advantage of this time of year. The weather is generally warm without the humidity and the mosquitos haven't come out yet.

Hiking is one of my favorite hobbies because I love being in nature, and I find it helps relieve any stress I might have. It's also great exercise! There are incredible parks within the city of Columbus and the entire state of Ohio. If you haven't visited the Metro Parks within and around Columbus, I highly recommend it. They have something for everyone.

There are also many great state parks within a short drive that offer all sorts of outdoor activities. Hocking Hills is well known. Clifton Gorge is another great one. If you like swimming and water activities, Buck Creek and

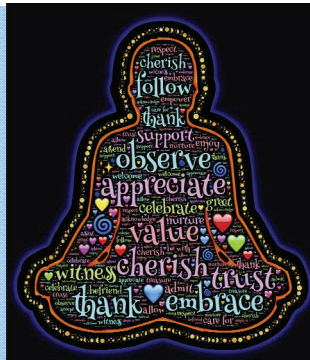


Deer Creek are great places. And of course, Lake Erie is a great destination area, including the islands just off the coast of Sandusky.

Continued on page 5

Meeting Announcements

May Event: Mindfulness



Presenter: Wayne Moore, EAP

DATE: Thursday, May 19th

TIME: 11:15 AM—1:00 PM

LOCATION: 757 Carolyn Avenue, Hearing Room

MENU: DareDevil Dogs

AGENDA:

- 11:15 Registration & Social Time
- 11.30 Invocation and Pledge of Allegiance
- 11:35 Lunch is Served
- 12:00 Wayne Moore, EAP
- 12:45 President: Jeff Emhuff, Committee Reports
- 12:55 50/50 Raffle & Bonus Bucks Drawing
- 1:00 Adjourned

**Please make your reservations by
May 17, 2016 to
Judy Johnson, at jajohnson@columbus.gov or
645-0526
(Let us know if you are bringing a guest)**

***Don't forget your canned goods for Mid-Ohio
Food Bank and your pop tabs for Ronald
McDonald House***



April Winners

The 50/50 winner was **Cindy Fruth.**

Cindy Fruth also won a special coupon book as part of a special drawing. It was her lucky day!

Congratulations!



NMA's Helping Hands

NMA believes in Community Service, and our members volunteer many hours of their time to help make a difference:

NMA Calendar 2016

May

- 4 Employee Health & Benefits Day at Franklin Park
- 5 Cinco de Mayo
- 7 Healthy Columbus 5K
- 8 Mother's Day
- 12 Mayor's Employee Recognition
- 20 Bike to Work Day
- 30 Memorial Day

June

- 6-10 Management Week in America
- 7 NMA Meeting @ The Florentine
- 19 Father's Day

Yvette Aniagolu helps with the Center for Healthy Families.

Bruce Black is President of the Berwick Civic Association, and mentors students from OSU, Eastmoor and The Graham Schools.

Julia Carter volunteers for the Mentoring for Leaders of Tomorrow program

Jeff Emhuff volunteers at the Franklinton Tutoring Program at Avondale Elementary School.

LaVerne Freeman helps out with childcare at her church two Sundays each month.

Cindy Fruth continues to volunteer as the Treasurer of the Columbus Employees Association and is also the Treasurer of her church.

Debbie Ioia is Secretary of the Executive Board at Central Ohio Chapter of Huntington's

Disease Society of America (HDSA).

Beth Fairman Kinney is treasurer of the United Crestview Area Neighbors Civic Association; mentors students from OSU, Eastmoor and The Graham School.

Teresa Langer continues to sell candy bars to support the NMA speech contest.

Lisa Landoll volunteers at the information desk at Riverside Methodist Hospital.

Victoria Landrum volunteers with Behind Their Eyes

Terry Neal volunteers on the Board of Directors for the Eastgate Garden Civic Association.

Tami Peters continues to volunteer for the Ginkaku-Ji Karate Dojo.

Kasia Richey volunteers with the Project Mentor Program at South High School with Big Brothers, Big Sisters of Central Ohio.

Kathy Spatz volunteers on the Westerville Shade Tree Commission.

Terrell Spencer currently holds the office of President of The Livingston Heights Place Civic Association.

Bee Tolber continues to volunteer as a mentor in the Alpha Minority Youth Engineering program.

Jeff Ushry is a tutor at Eastmoor Academy where he also volunteers for the Touchdown Club.

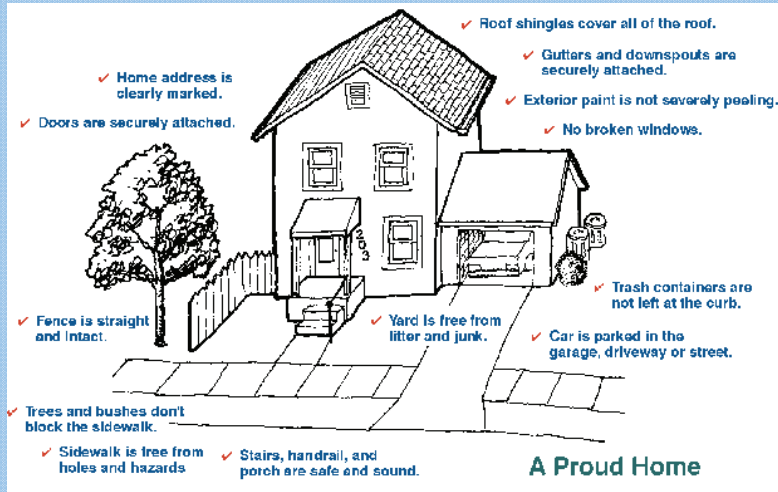
Scott Ward is an Executive Board Member for American Legion and the Association of the United States Army.

"Dearly beloved,
we are gathered here today
to get through this thing
called life."

—PRINCE



Letter from the President, cont.



Ohio has a lot of hidden gems that we can take advantage of. Just do a Google search, and you'll be surprised at what's nearby.

Of course, I would be remiss if I didn't let the code enforcement officer in me have a say. This time of the year is when all the greenery starts to grow incredibly fast, especially grass and weeds. The City's environmental code states that any grass or noxious weeds in excess of 12" is considered a code violation (if you think that's tough, take a look at some of the neighboring cities' requirements). Additionally, no grass or weeds are allowed to grow into the public right-of way (e.g., sidewalks, streets, alleys, etc.). The City isn't asking that yards be perfectly manicured, just kept short and clean.

If you live in a neighborhood that has a vacant property, and it never seems to get mowed, please call 311 as soon as possible and place a service request. The sooner the better because our office gets really busy during this time of the year and it may take several days before an inspection is made. Also, if the officer cannot find the owner, or the owner is unresponsive, the officer can refer the case to our abatement team who will have a contractor go out and mow and clean the property. During June, July, and August, this can take up to 4 weeks!

If there is a place you like to visit or an activity that you like to do, please let me or the chapter know. I'm always on the lookout for something new or different to do or see. Please be safe and enjoy everything the world has to offer!



*For more information
about Code Enforcement:*

[https://columbus.gov/
codeenforcement/](https://columbus.gov/codeenforcement/)

Inside NMA



Inside Look: What is MyNMA?

A few months ago, the official launch of MyNMA happened during the 2015 Annual Conference in Reno, NV.

So, what is MyNMA anyway?

MyNMA is a social network. MyNMA was designed to connect you with other aspiring leaders and business professionals. It's similar to LinkedIn, but MyNMA is exclusive to registered members of the National Management Association. Access is free to all members.

Here are a few of the highlights:

- Find your colleagues in our Member Directory, and add them as friends.
- Send private messages to other members.
- Upload photos/videos from conferences, chapter workshops, etc. that you may wish to share.
- Keep track of any CEU earned through NMA.
- Bookmark the pages on the NMA website which you use most frequently.
- Browse your "Shop NMA" purchase history and track recent orders.
- Have a unique website experience tailored to your role within the organization.
- ... and there's much, much more on the way.

How do you get involved?

Email Kathy Spatz, KASpatz@Columbus.gov for your login and temporary passcode! Once you receive your code, you need to verify your membership and then login to create your profile!

<https://nma1.org/>

Inside NMA



New Member Hosea Hooks receives his NMA card.

congratulations!

NMA Executive Board Election Results

President Jeff Emhuff announced those who were running for 2016-2017 NMA Board.

Results are:

President: Teresa Langer

1st Vice President: Bee Tolber

2nd Vice President: Left Vacant

Secretary: Lezley Neal

Treasurer: Rhonda Brown

Awards: Amy Ackerson

Public Relations: Beth Fairman Kinney

Immediate Past President: Jeff Emhuff

**We are still looking for Membership and Community Services members! Email Jeff Emhuff and Teresa Langer if interested!

*"Do or Do Not,
There is No Try"
- Yoda*



*Special Thanks to
Chris Jackson for
stepping up as the
Newsletter Editor for
the past several is-
sues!*



Inside NMA

Executive Board Volunteers at Mid Ohio Food Bank



“The Executive Board of the Chapter did something quite a bit different for its monthly meeting in April. Last summer we toured the new Mid-Ohio Foodbank at its Grove City location. It was quite impressive to say the least. We were invited to be a part of their volunteer process any time we wanted to either unload food coming in, sort food, pack in boxes, etc. We decided to have a short meeting on an afternoon where we could volunteer our services. Those of us who could take the time off from work did just that; donned in aprons and gloves, we were put to work. Terrell Spencer and Jay Gantzer opened large boxes of frozen meat, chicken, pork, sausage and precooked food that were then handed off on conveyer belts to the stations where Beth Kinney, Lezley Neal and myself quickly took these items and placed them in assigned boxes to pack and seal. Yvette Aniagolu was part of the supervising process to hand off the different variety to the different parts of the conveyer belt. I would guess almost 20 pallets of frozen food was unloaded for us to work on. Seemed like an easy thing to do, but standing there picking off the food,

inspecting them for damage, breaks in the packaging, or even looking too old to eat, and then placing them in boxes, taping the boxes, and handing off to the next group of volunteers for two and a half hours that afternoon seemed longer, but when we were all done, it was quite an accomplishment. It made me feel good that I was part of giving back to those who need it.” - *Teresa Langer*



“The afternoon of service at the Mid Ohio Food Bank was eye-opening! I had no idea what type of food sorting we agreed to do but I was game to help with such a worthy cause. Yeah, I needed a good long tub-soak when the afternoon was over. Yeah, I didn’t realize how seeing so much frozen, raw meats (and meat products) would give me a new appreciation for food handlers and how labor-intensive food production and processing can be. All that said, I would do this type of service readily again!

A vast amount of good quality food is donated by area supermarkets -- from high end (organic, locally-produced and sus-



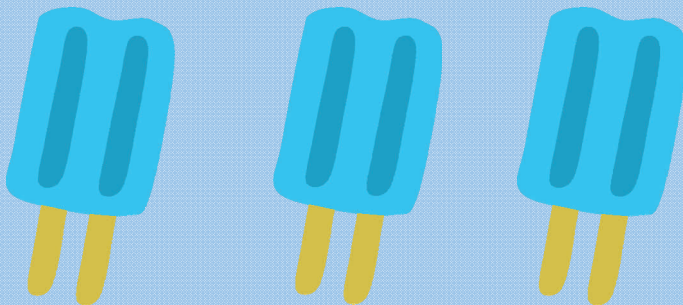
tainably-sourced) to national brands and economy brands too. And all must meet exacting standards of food safety and storage before it can be distributed to the various foodbanks in Mid Ohio's service area. Actually, it was a bit overwhelming by the end of the service shift. This was outweighed by knowing that we were part of helping families in need with a very basic need. We helped to sort over 11 tons of food that afternoon!"

- Yvette Aniagolu

"I consider myself fortunate to have been a part of CPSC's volunteer efforts at the Mid-Ohio Food Bank. I was quite impressed by the size of the facility. It was a massive operation. I was also equally impressed to find out the Mid-Ohio Food Bank services 20 counties and over 650 partnering agencies. I look forward to more opportunities to help such a worthwhile and important cause." — Terrell Spencer

"The experience at Mid-Ohio Food bank that stands out to me is that our NMA group and a few others sorted 11,895 pounds of frozen foods while also recycling all of the boxes involved in less than 2 hours. Amazing!" - Jay Gantzer

"I got my work out, lifting and boxing frozen hams and ice cream." - Beth Fairman Kinney



Members are invited to like our Facebook page, which can be found at

www.facebook.com/NMACPSC.

There is a link to the page from our website, which can be found at

www.nma-cpsc.org.



Citywide Events

“Physical fitness is not only one of the most important keys to a healthy body, it is the basis of dynamic and creative intellectual activity.

-John F. Kennedy



MAY IS NATIONAL BIKE MONTH

Columbus is one of the top 50 bike-friendly Cities in America according to Bicycling Magazine, so look around town for a great biking event for you and your family to participate in.

WALK / BIKE TO SCHOOL DAY, MAY 4

Be alert on your way to work on May 4th, as hundreds of school children may be participating in the National Bike to School day.

DISCOVER COMMUNITY GARDENS ON TWO WHEELS, MAY 15

Join Bikes for All People to explore the beautiful community gardens on the South Side of Columbus. Meet at Bikes for All People at 934 Parsons Avenue at 2:00 p.m. for a leisurely six-mile ride.

RIDE OF SILENCE, MAY 18

Join cyclists worldwide in a silent, slow-paced procession (8 mph) in honor of those who have been injured or killed while cycling on public roadways.

Gather at City Hall between 5:30–6:30 p.m. to prepare for the ride. A brief presentation will begin at approximately 6:30 p.m. At 7:00 p.m., the Ride of Silence will begin.

BIKE TO WORK DAY, FRIDAY, MAY 20!

The City of Columbus is hosting a Bike to Work Day party at Columbus Commons after work, from 5:00 p.m. – 9:00 p.m. at Columbus Commons for music, food, drink, and all things BIKE!

Bike to Work Day will officially kick off the 2016 season of Concerts at the Commons with a free concert featuring Saints Seneca, an American-folk rock band from Columbus.

For more information:

<https://www.columbus.gov/bikemonth2016/>

<https://www.columbus.gov/publichealth/features/Biking-in-Columbus/>

Citywide Events

Have you met Nora?

Columbus Zoo and Aquarium is the home of one of the few polar bears born in human care last year. Nora was born November 6th 2015 to mother Aurora and father Nanuq, both living at the zoo. Animal Care team members stepped in to hand-rear the cub when Aurora began to leave the fragile newborn alone for long periods of time.

Nora has been growing up fast! She has just reached her 6 month birthday, and now weighs over 50 pounds. And now – Columbus Zoo guests can now visit with her at Polar Frontier. Right now you can visit her at 9:15 a.m. for about one hour every morning, depending on her health and well-being. Take the family and watch the young cub explore the water, tumble around and play with toys. To learn more, visit www.columbuszoo.org



Put the Spring Back in Your Step!

The 2016 Health and Benefits Fair, May 4th, 9am-2pm, Franklin Park Indoor Adventure Center. Visit the [Healthy Columbus Website](#) for details, a door prize list, and the shuttle schedule from downtown.

2016 Employee 5K/1mile Walk or Run (FREE!)

Join Healthy Columbus on Saturday, May 7th at Wolfe Park at 9:30am for a free 5K/1mile fun Walk or Run. Friends and family are welcome to join the fun; strollers are permitted on the course, but pets are not. The post-race party will be complete with a DJ, massages, cooking demos and snacks.

City of Columbus Employee Recognition

Come and celebrate your fellow employees at the Mayor's Employee Recognition on May 12, 2016 from 8:30 a.m.—10:00 a.m. The event will be held at the James G. Jackson Columbus Police Training Academy, 1000 N. Hague Avenue.

Neighborhood Pride Week comes to Brittany Hills!

Join City Staff, Neighborhood Leaders and the community for the first Neighborhood Pride week of 2016! The week of May 23—27 is Brittany Hill's Neighborhood Pride week. Activities will take place at Mt. Gerizim Missionary Baptist Church, 2633 Mock Road. Mayor Ginther's Community Night will be held at the Valley Dale on Thursday, May 26th at 6:00 p.m.



Walking or running in the Healthy Columbus 5K / 1 M? Take photos with your fellow NMA members, before and after the race! And if you see me, we'll take a group photo! Email photos to:

bfkinney@columbus.gov

Professional Development

Welcome New Members

Scott Goffin

**Department of
Technology**

All are welcome to attend:

**City of Columbus
Toastmasters**



Meetings:

1st Thursdays

Citywide Training Center
750 Piedmont Rd.
Training Room C
12:00 to 1:00 PM

2nd Thursdays

77 North Front Street,
Lower Level
Columbus Stat Room
12:00 to 1:00 PM

3rd Thursdays

Columbus Public Health
240 Parson Ave.
Room 119-C
6:00 to 7:00 PM

The NMA Leadership Model



Derived from a similar model in *Results Based Leadership* by Ulrich, Zenger, & Smallwood.



NMA now has a full calendar of webinar discussions and pre-recorded programs. Many of the third Thursday webinars are available for CEU credit. The full calendar can be found at <https://www.nma1.org/nma-webinars-calendar>

May 19 Noon and 3:00 pm EDT Growing Tomorrow's Leadership Team NOW Scott Chesnut

June 16 TBD Workplace Trends We're Seeing in 2016 Alisa Armstrong

July 21 3:00 pm EDT * Communications – Exact title TBD TBD

August 18 3:00 pm EDT Fostering Employee Engagement Don Hart

September 15 3:00 pm EDT * Risk Management Bob Noel

October 20 TBD Emotional Intelligence TBD

November 17 3:00 pm EDT * Leadership and Wellness Candi Creel, CM

What is NMA?

NMA The Leadership Development Organization is a professional association headquartered in Dayton, Ohio. The Association is a national not-for profit organization serving about 20,000 members worldwide.

NMA Code of Ethics

I will recognize that all individuals inherently desire to practice their occupations to the best of their ability.

I will assume that all individuals want to do their best.

I will maintain a broad and balanced outlook and will recognize value in the ideas and opinions of others.

I will be guided in all my activities by truth, accuracy, fair dealing and good taste.

I will keep informed on the latest developments in techniques, equipment, and processes.

I will recommend or initiate methods to increase productivity and efficiency.

I will support efforts to strengthen the management profession through training and education.

I will help my associates reach personal and professional fulfillment.

I will earn and carefully guard my reputation for good moral character and good citizenship.

I will promote the principles of our American Enterprise System to others, by highlighting its accomplishments and displaying confidence in its future.

I will recognize that leadership is a call to service.

NMA Statement of Principles

NMA is dedicated to managerial excellence, personal and professional growth, and leadership development. The following principles identify NMA's core beliefs and provide the basis for the Association's Mission Statement.

We believe in the highest standards of personal and organizational integrity and respect for the individual.

We believe in lifelong learning, continuous improvement, and the development of a workforce capable of sustaining a competitive posture in the global economy.

We believe management is a creative, dynamic, and essential process enabling people to achieve personal and organizational objectives.

We believe that managerial responsibility is shared among all individuals at all levels of the organization and that leadership is critical to management success.

We believe that individuals and organizations have a community and civic responsibility.

NMA Mission Statement

NMA creates leadership development products and opportunities that maximize the potential of our members, sponsoring organizations, and communities.

NMA OFFICERS AND BOARD MEMBERS – JULY 2015-JUNE 2016

<u>Officers/Term End</u>	<u>Name</u>	<u>Phone</u>	<u>Email</u>
President	Jeff Emhuff	645-3655	JTEmhuff@columbus.gov
1st Vice President	Teresa Langer	645-4128	tlanger@columbus.gov
2nd Vice President	Beth Fairman Kinney	645-7116	bfkinney@columbus.gov
Secretary	Amy Ackerson	645-8119	aackerson@columbus.gov
Treasurer	Vacant		
Immediate Past President	Scott Ward	645-1834	RSWard@columbus.gov
National Director	Kathy Spatz	645-0487	kaspatz@columbus.gov
National Director (Retired)	Bill Mahaffey	795-1582	Billm4715@sbcglobal.net
<u>Board of Directors</u>			
At Large/2015	Terrell Spencer	645-6133	tlspencer@columbus.gov
Development/2014	Yvette Aniagolu	645-3692	YKAniagolu@columbus.gov
Public Safety	Terry Neal	221-3132x75480	TNeal@columbus.gov
Public Service/2015	Jay Gantzer	645-0413	RJGantzer@columbus.gov
Public Utilities/2015	Cindy Fruth	645-7304	cmfruth@columbus.gov
SWACO/2014	Albert Iosue	871-5100	albert.iosue@swaco.org
Technology/2014	Margaret McDougald	645-0550	MABrowder@columbus.gov
<u>Committees</u>			
Chapter Awards	Lezley Neal	645-0359	LNeal@columbus.gov
Community Service	Bee Tolber	645-7496	vtolber@columbus.gov
	LaVerne Freeman	645-0550	lafreeman@columbus.gov
Membership	Rhonda Brown	221-3132x75653	RBrown@columbus.gov
Programs	Judy Johnson	645-0526	JAJohnson@columbus.gov
Professional Development	Geneva Christensen	645-5384	tlpeters@columbus.gov
Public Relations	Beth Fairman Kinney	645-7116	BFKinney@columbus.gov
<u>Executive Advisory Committee</u>			
	<u>Title</u>	<u>Agency</u>	
Derek Anderson	Director	CRC	DHAnderson@columbus.gov
Sherry Kish	Deputy Chief of Staff	DOT	SRKish@columbus.gov
Dr. Richard Westerfield	Administrator	DPU	RCWesterfield@columbus.gov
Scott Ward	Past President	DPU/DoSD	RSWard@columbus.gov



The Lighthouse is published monthly by the Columbus Service Chapter of NMA, Thanks to Beth Fairman Kinney, Jeff Emhuff, Teresa Langer, Yvette Aniagolu, Terrell Spencer, Jay Gantzer.