



The Lighthouse

**NMA...The Leadership Development Organization
Columbus Public Service Chapter**
The *first* Public Sector Chapter - est.1981



Financial Wellness and You



NMA President Jeff Emhuff, Financial Planners Jessica Gordon and Terrance Lumpkins.

Members of the NMA braved the cold weather and gathered at Carolyn Avenue for a Financial Wellness Seminar. Terrance Lumpkins and Jessica Gordon gave a brief talk about Financial Security and how to take the steps towards financial success.

Financial Security is a feeling of confidence that you will achieve your financial goals through the actions you take today. But how do you achieve this?

Here are their six (6) steps to financial success:

1. Protect what you have.
2. Take control of your cash flow
3. Invest wisely
4. Manage your taxes
5. Save for retirement
6. Leave a legacy

Are you ready to join members of the NMA for learn more about how to achieve financial success? Skip to **page 5** for an upcoming announcement!

January 2016

Visit the Columbus Public Service Chapter website:

www.nma-cpsc.org

Visit us on Facebook at

www.Facebook.com/NMACPSC

Read the latest issue of Breaktime at

www.nma1.org/nma-breaktime

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NMA Family Scrapbook



Condolences to Terry Neal and his family on the loss of his twin sister this past December.

Condolences to Bruce Black and his family on the loss of his Brother in Law this January and his beloved Collie, Prince.

Members are invited to like our Facebook page, which can be found at www.facebook.com/NMACPSC. There is a link to the page from our website, which can be found at www.nma-cpsc.org.

Road Trip, by Jeff Emhuff

During that magical week between Christmas and New Years, when things are still slow but the pressure of Christmas is gone, I had a great father-son bonding trip to Canton, Ohio.

Recently, TJ, who is 10 years old, has become really interested in football. He'll want me to toss him the football as he runs pass patterns, or if I'm not available, he'll go outside and throw the football up in the air and catch it, pretending he's making the last minute catch to win the game. I'm not sure where he's gotten this increased interest lately. I do watch some games during the season, but we've never gone to an actual game, and I've never really pushed the game on him. In fact, the one time I asked him if he wanted to try playing organized flag football, he just shrugged his shoulders and said not really. Go figure.

Maybe it's a genetic thing. When I was his age (and a little younger), I started really getting into football. Much like him, I would bug my dad to throw the football to me, or I would play one-on-one with my best friend from down the street.

When I brought up the idea of visiting the HOF, TJ (who was initially dreading the trip to Akron and back) was immediately interested and started asking a lot of questions about it, which I couldn't really answer since I had never been there before either. But the father-son outing had been set, and we were both excited about going.

My first impression was how much larger it looks on the inside than it does from the outside. There are several galleries set on two floors. My other impression is that the HOF is much more than a hall of fame; it's basically a living museum dedicated to professional football (and mostly the NFL).

We followed the suggested route on the map handout, which basically starts with the early days of professional football and works its way to modern times. There are several displays with real items from the early days, including a financial ledger from the late 1800s which shows the first person believed to actually be paid to play football. He earned \$500 for playing one game!

There are jerseys, cleats, and old leather helmets on display. One of the best displays has Jim Brown's and Johnny Unitas' jerseys side-by-side. A lot of history there. There are displays about how sideline and protective equipment has evolved over the years .

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Announcements

February Event

Presenter: Lois Bruce, 311
DATE: Tuesday, February 23, 2016
TIME: 11:15 AM—12:45 PM
LOCATION: 1111 E. Broad Street
MENU: Potbelly's Assorted Sandwiches

AGENDA:

11:15 Registration & Social Time
11.45 Invocation and Pledge of Allegiance
11:50 Lunch is Served
12:15 Lois Bruce, 311 Service Manager
12:40 President: Jeff Emhuff, Committee Reports
12:45 50/50 Raffle & Bonus Bucks Drawing
12:50 Adjourned

Stay for small group tours of the 311 Service Center!

Please make your reservations by February 16 to Judy Johnson, at jajohnson@columbus.gov or 645-0526 (Let us know if you are bringing a guest)



January Winners

The 50/50 winner of \$37 was **Cindy Fruth**. Congratulations!

Miriam Siegfried was the Bonus Bucks Winner, but was not present. Next month's prize will be \$20.

Jeff Emhuff won a special NMA Member cookbook as part of a special drawing.

Announcements



WIN UP TO **\$5,200.00**

\$\$\$\$CASH PRIZE\$\$\$\$

Columbus Public Service Chapter #220

NATIONAL MANAGEMENT ASSOCIATION Annual Speech Competition

- WHAT:** Chapter 220 Local Level Annual Speech Contest
- WHO:** Open to all High School Students Grades 9-12 (regardless of public, private or home schooled)
- WHEN:** 6:00 PM, Wednesday, March 9, 2016
- WHERE:** Columbus Division of Fire Administration and Training Complex
3639 Parsons Avenue, Columbus, OH 43207

CONTACT: Bee Tolber at bvtolber@columbus.gov at 645-7496,
LaVerne Freeman at lafreeman@columbus.gov at 645-0550 or
Teresa Langer at tlanger@columbus.gov at 645-4128

HOW TO ENTER: Candidates must write a speech on the subject of Leadership, timed four to six minutes in length. You will be sent an NMA entry form for your completion into the Speech Competition. Both forms must be emailed to Bee Tolber, LaVerne Freeman or Teresa Langer by Friday, February 10, 2016 for consideration.

PRIZES: **Chapter Level:** First Place Prize is \$200 and advancement to the Regional competition for chance to win \$1,000.00. Second Place Prize is \$100, with Third and Fourth Place receiving \$25.

(Please note: Must win all three levels for \$5,200.00. Student and Chaperone will be sent to Regional and National by NMA Chapter who will be responsible for airfare/transportation, room and food per diem costs.)

To download and print the entry form, go to www.nma-cpsc.org/Assets/SpeechContestForm.pdf.



Announcements

Financial Wellness Seminar



Presented by Terrance Lumpkins and Jessica Gordon

DATE: Tuesday, February 9, 2016

TIME: 11:00 a.m. – 1:00 p.m.

(Bring Your Lunch – Light Refreshments Available)

LOCATION: Fire Training Complex
3639 Parsons Avenue
CPR Training Room #148-2

Seminar Content:

- How to Choose an Advisor
- Risk Management
- Budgeting
- Paying Down Student Loans
- Preparing for Retirement

To register, please contact by Friday, February 5, 2016 to reserve your spot! Teresa Langer at tlanger@columbus.gov or Geneva Christensen gchristensen@columbus.gov

"The potential for greatness lives within each of us." -

Wilma Rudolph
American track & field sprinter, considered the fastest woman in the world in the 1960s.



THE CITY OF
COLUMBUS
ANDREW J. GINTHER, MAYOR

FEBRUARY 24
WHETSTONE HIGH SCHOOL

February 24, 2016

YOU ARE INVITED TO ATTEND
MAYOR ANDREW J. GINTHER'S
INAUGURAL STATE OF THE CITY ADDRESS

Mayor Andrew J. Ginther's
INAUGURAL STATE OF THE CITY
ADDRESS

6:30 p.m.

Whetstone High School

RSVP BY February 22

614-645-RSVP (7787)

columbus.gov/SOC2016/RSVP/

Columbus' Future
is Brighter Than Ever





NMA's Helping Hands

NMA believes in Community Service, and our members volunteer many hours of their time to help make a difference:

NMA Calendar 2016

February

2 - Groundhog Day

7 - Superbowl Sunday

8 - Chinese New Year

9 - Mardi Gras

10 - Ash Wednesday

12 - Abraham Lincoln's Birthday

14 - Valentine's Day

15 - President's Day

22 - George Washington's Birthday

23 - NMA lunch

24 - Mayor's State of the City

29 - Leap Day

Yvette Anigolu is the Chair of Weavers of Nigeria Charitable Donations Committee, and volunteers at the Community Outreach with the Center for Healthy Families.

Bruce Black is President of the Berwick Civic Association, and mentors students from OSU, Eastmoor and The Graham Schools.

Julia Carter volunteers for the Mentoring for Leaders of Tomorrow program

Jeff Emhuff volunteers at the Franklinton Tutoring Program at Avondale Elementary School.

LaVerne Freeman helps out with childcare at her church two Sundays each month.

Cindy Fruth continues to volunteer as the Treasurer of the Columbus Employees Association and is also the Treasurer of her church.

Debbie Ioia is Secretary of the Executive Board at Central Ohio Chapter of Huntington's Disease Society of America (HDSA).

Beth Fairman Kinney is treasurer of the United Crestview Area Neighbors Civic Association; mentors students from OSU, Eastmoor and The Graham School.

Teresa Langer continues to sell candy bars to support the NMA speech contest.

Lisa Landoll volunteers at the information desk at Riverside Methodist Hospital.

Victoria Landrum volunteers with Behind Their Eyes

Terry Neal volunteers on the Board of Directors for the Eastgate Garden Civic Association.

Tami Peters continues to volunteer for the Ginkaku-Ji Karate Dojo.

Kasia Richey volunteers with the Project Mentor Program at South High School with Big Brothers, Big Sisters of Central Ohio.

Kathy Spatz volunteers on the Westerville Shade Tree Commission.

Terrell Spencer currently holds the office of President of The Livingston Heights Place Civic Association.

Bee Tolber continues to volunteer as a mentor in the Alpha Minority Youth Engineering program.

Jeff Ushry is a tutor at Eastmoor Academy where he also volunteers for the Touchdown Club.

Scott Ward is an Executive Board Member for American Legion and the Association of the United States Army.



Road Trip, continued

One of my favorite displays is a sideline jacket worn by Paul Brown when he coached the Cleveland Browns. It's a brown jacket with orange and white trim and a running Brownie holding a football on the front.

There is also a whole section dedicated to just the history of the Super Bowl. Again, it has jerseys and other equipment actually worn by players during the big game, including Joe Montana, Tom Brady, and Kurt Warner. There is a display case showing the ring that the players from each winning Super Bowl team receive. The jewelry in that one case is probably worth hundreds of thousands of dollars. The ring designed for the Ravens' players is so large that it can't actually be worn; it covers the lower knuckle on the finger and doesn't allow the finger to bend.

As we looked at the different displays and progressed through the decades, one of the things that struck me was how much financially the NFL has grown through the years. There is a display with a jersey that was worn by Otto Graham. He was a quarterback who played for the Cleveland Browns his entire career and was largely responsible for all those championships they won in the 50s and early 60s. He started his career wearing the number 60, but due to rule changes a few years later, he switched to number 14. The jersey on display has the number 14 on it, and the informational card points out that you can see the outline of the number 60 behind it from where the original numbers were taken off and the new numbers sewn on. So, not only did Otto Graham not get a new jersey when he switched numbers, but he basically wore the same jersey his entire career. Contrast that to the display that has the jersey and shoes of Todd Gurley III, who broke a relatively minor NFL record (the first rookie to rush for at least 125 yards in his first four games). He just accomplished the feat earlier this season, and his equipment is already on display!

The head bust gallery has a bronze bust of all the people who made an impact on professional football and were elected into the HOF. Pretty awe-inspiring to say the least. Many of the names and faces I recognized, but there were a lot that I didn't. Many of these were men who worked behind the scenes, but made an impact nonetheless.

If you're interested in football or have a loved-one who is, I highly recommend taking some time to visit the Pro Football Hall of Fame. It's a huge treasure trove of professional football history. It's only about 2 hours from Columbus, so it's something that can be done in a day. Be prepared to spend several hours there though. We spent 3 hours there, and we didn't even look at every display. We had a great time and did some bonding over a shared interest.



Professional Development

Welcome New Members

Janellen Lane

**Department of
Technology**

The NMA Leadership Model



Derived from a similar model in Results Based Leadership by Ulrich, Zenger, & Smallwood.



All are welcome to attend:

**City of Columbus
Toastmasters**



Meetings:

1st Thursdays

Citywide Training Center
750 Piedmont Rd.
Training Room C
12:00 to 1:00 PM

2nd Thursdays

77 North Front Street,
Lower Level
Columbus Stat Room
12:00 to 1:00 PM

3rd Thursdays

Columbus Public Health
240 Parson Ave.
Room 119-C
6:00 to 7:00 PM

NMA now has a full calendar of webinar discussions and pre-recorded programs. Many of the third Thursday webinars are available for CEU credit. The full calendar can be found at <https://www.nma1.org/nma-webinars-calendar>

February 18 3:00 pm EST The Role of an NMA National Director Lisa Hart

March 17 Noon and 3:00 pm EST Understanding LEAN and Its Basic Tenets Melinda Hester, CM

April 21 Noon and 3:00 pm EST The Secrets of Working on a Virtual Team Steve Bailey, CM

May 19 Noon and 3:00 pm EDT Growing Tomorrow's Leadership Team NOW Scott Chesnut

June 16 TBD Workplace Trends We're Seeing in 2016 Alisa Armstrong

July 21 3:00 pm EDT * Communications – Exact title TBD TBD

August 18 3:00 pm EDT Fostering Employee Engagement Don Hart

September 15 3:00 pm EDT * Risk Management Bob Noel

October 20 TBD Emotional Intelligence TBD

November 17 3:00 pm EDT * Leadership and Wellness Candi Creel, CM

What is NMA?

NMA The Leadership Development Organization is a professional association headquartered in Dayton, Ohio. The Association is a national not-for profit organization serving about 20,000 members worldwide.

NMA Code of Ethics

I will recognize that all individuals inherently desire to practice their occupations to the best of their ability.

I will assume that all individuals want to do their best.

I will maintain a broad and balanced outlook and will recognize value in the ideas and opinions of others.

I will be guided in all my activities by truth, accuracy, fair dealing and good taste.

I will keep informed on the latest developments in techniques, equipment, and processes.

I will recommend or initiate methods to increase productivity and efficiency.

I will support efforts to strengthen the management profession through training and education.

I will help my associates reach personal and professional fulfillment.

I will earn and carefully guard my reputation for good moral character and good citizenship.

I will promote the principles of our American Enterprise System to others, by highlighting its accomplishments and displaying confidence in its future.

I will recognize that leadership is a call to service.

NMA Statement of Principles

NMA is dedicated to managerial excellence, personal and professional growth, and leadership development. The following principles identify NMA's core beliefs and provide the basis for the Association's Mission Statement.

We believe in the highest standards of personal and organizational integrity and respect for the individual.

We believe in lifelong learning, continuous improvement, and the development of a workforce capable of sustaining a competitive posture in the global economy.

We believe management is a creative, dynamic, and essential process enabling people to achieve personal and organizational objectives.

We believe that managerial responsibility is shared among all individuals at all levels of the organization and that leadership is critical to management success.

We believe that individuals and organizations have a community and civic responsibility.

NMA Mission Statement

NMA creates leadership development products and opportunities that maximize the potential of our members, sponsoring organizations, and communities.

NMA OFFICERS AND BOARD MEMBERS – JULY 2015-JUNE 2016

<u>Officers/Term End</u>	<u>Name</u>	<u>Phone</u>	<u>Email</u>
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