



The Lighthouse



NMA...The Leadership Development Organization
Columbus Public Service Chapter
The *first* Public Sector Chapter - est.1981

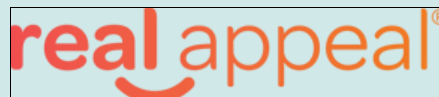


“Healthy Eating Options” was the topic discussed at the January 17th Member Meeting Event held at 1881 E. 25th Avenue.

President Teresa Langer welcomed Registered Dietician, Ashley Harris to start off the NEW YEAR right with her presentation on healthy eating in the work place, and giving tips and ideas on how to pack healthy lunches and snacks to get you through the day.

Ashley encouraged everyone to sign up for the City sponsored “REAL APPEAL” Program, giving a short preview with more information at:

<http://realappeal.com/>



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January 2017

Visit the Columbus
Public Service Chapter
website:

www.nma-cpsc.org

Visit us on Facebook at

[www.Facebook.com/
NMACPSC](http://www.Facebook.com/NMACPSC)

Read the latest issue of
Breaktime at

[www.nma1.org/nma-
breaktime](http://www.nma1.org/nma-breaktime)



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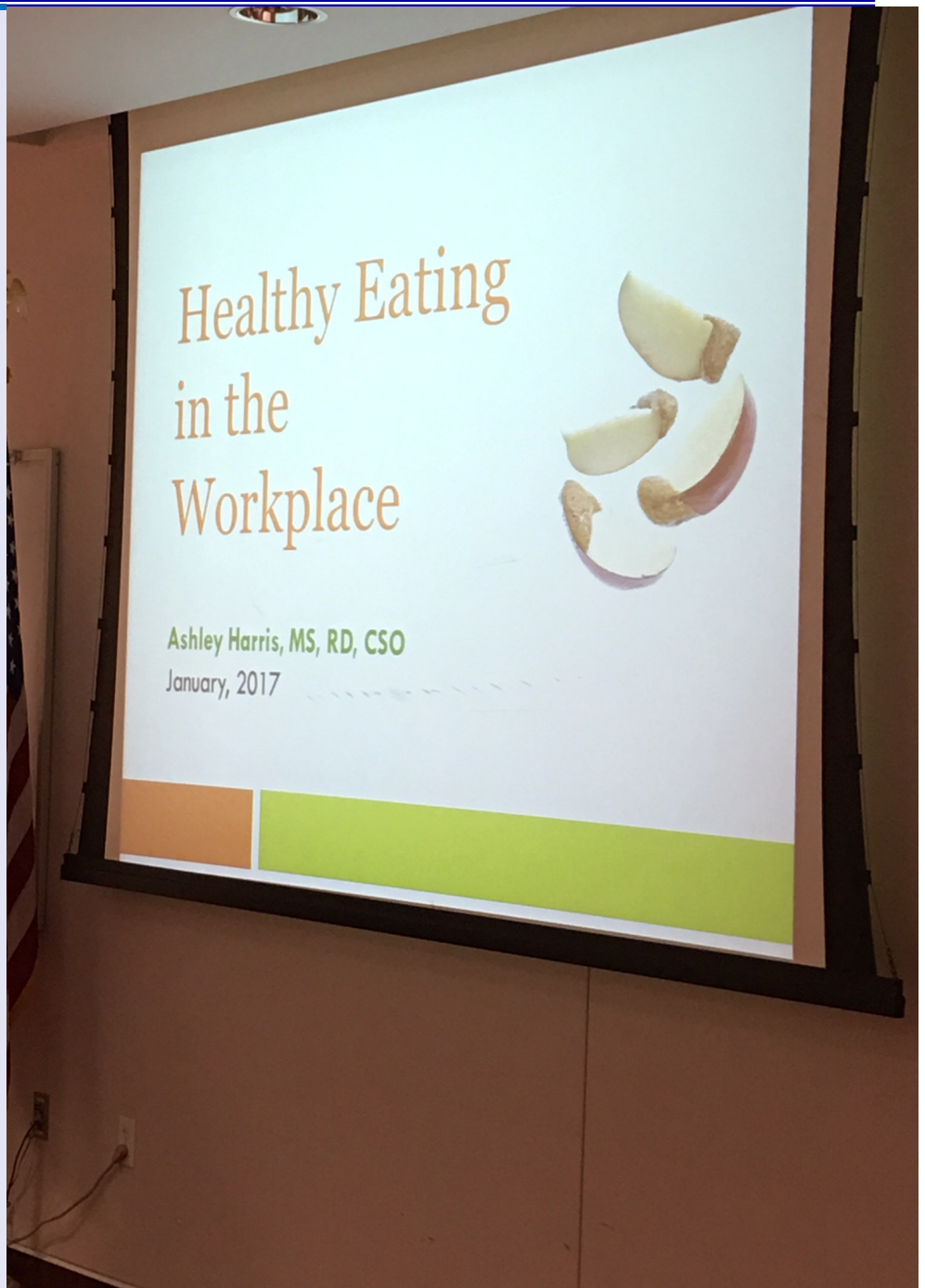
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NMA Family Scrapbook



*Congratulations to
Teresa Langer and
Carnell Felton
who welcomed
new Grandson,
Jaxson, born
January 15, 2017*

*Let us know about
your new additions,
special occasions, etc,
or those needing our
thoughts and prayers*



Real Appeal is based on real science. Simply put, this science shows us that small and steady changes—over time—lead to big and lasting results. The academic term is Intensive Lifestyle Intervention (ILI). The principle is to gradually present people with new bits of information about nutrition and exercise along with strategies that help them stay motivated to reach their personal fitness goals.

For more information on the REAL APPEAL PROGRAM, contact www.columbus.gov/healthycolumbus

Announcements

February Member Meeting

DATE: Wednesday, February 22, 2017
TIME: 11:15 a.m.—12:45 p.m.
LOCATION: Carolyn Avenue Hearing Room
757 Carolyn Avenue, Lower Level
MENU: Big Box Lunch from Giant Eagle
A variety of Artisan sandwiches,
kettle chips, apples, cookies, water

AGENDA:

11:15 Registration
11:30 Invocation and Pledge of Allegiance
11:35 Lunch
12:00 Speaker: City Council Member,
Jaiza Page
12:30 Chapter President- Teresa Langer
12:35 Executive Committee Reports
12:40 Donation Drawings
12:45 Meeting Adjourned

Please make your reservations to:
Lesley Carter at
LACarter@columbus.gov by
Friday, February 17th

(Let us know if you are bringing a guest)

Guest Fee \$10

Bring a Co-Worker!!!

NMA Calendar

February 2017

2 Groundhog Day
12 Lincoln's Birthday
14 Valentine's Day
20 President's Day
28 Mardi Gras

March

1 Ash Wednesday
7 Speech Contest
12 Daylight Savings
17 St. Patrick's Day





Become an NMA Certified Manager (CM) Modules are now being offered!

Are you a supervisor or manager desiring to move your career to the next level? Or, are you a manager desiring to refresh your resume with a professional credential? Register for an upcoming CM live ONLINE course of the Modules Bundle I, II and III. For more information, contact:

Kathy Spatz

at

KASPATZ@columbus.gov

or

614-645-0487

Welcome to NMA...

Leadership Development ...Your Way!

...a sustainable development approach that creates an active leadership experience based on your needs and development goals ... with affordable access to relevant resources and national networking opportunities!

It's about survival in the contemporary workplace! You need to study what outstanding leaders do, commit to finding role models to emulate, and opportunities to actually **PRACTICE** your leadership skills. NMA is where women and men meet to **GROW**. NMA is also THE partner that helps businesses accelerate and leverage leadership talent ... where talented people begin to populate a company's leadership pipeline.

Few organizations can do it all. With an NMA Chapter, it can more quickly identify those who have the motivation and ability to be tomorrow's leaders! Through Membership in an NMA Chapter or via our Individual Membership Program, you'll be surrounded by others who exemplify the attributes and core competencies of real leaders. And, you'll have access to a broad professional development curriculum of courses, webinars, and other opportunities to grow your knowledge base.

We're the leadership laboratory where theory meets reality.

RealizingLeadership.com recently profiled NMA in its online publication and talked about "an excellent association that knows how to help you get where you want to go." To learn more click here and read the entire article!

Come explore and learn more about our exciting professional and educational organization, NMA. *(reprinted from nma1.org)*

2017—2018 NMA Officers and Board Positions Available:

Positions Open for: 1st Vice President, 2nd Vice President, Secretary, Treasurer and Board of Directors seat for the Department of Public Service

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Helping Hands

Yvette Aniagolu – helps with the Center for Healthy Families for Christmas.

Bruce Black – is President of the Berwick Civic Association.

Jeff Emhuff volunteers at the Franklinton Tutoring program at Avondale Elementary School.

Cindy Fruth – continues to volunteer as the Treasurer of the Columbus Employees Association and is also the Treasurer of her church.

Debbie Ioia – Secretary of the Executive Board at Central Ohio Chapter of Huntington’s Disease Society of America (HDSA), and also volunteers as a 4th grade Sunday school teacher at her church.

Beth Fairman Kinney – Treasurer of the United Crestview Area Neighbors Civic Association.

Teresa Langer – continues to sell candy bars to support the NMA speech contest.

Lisa Landoll – volunteers at the information desk at Riverside Methodist Hospital.

Victoria Landrum – volunteers with Stories Behind Their Eyes – Human Trafficking Awareness.

Lezley Neal – volunteers as the Treasurer for the Labor and Employment Law Association (LELA),

at Capital University Law School.

Terry Neal – volunteers on the Board of Directors for the Eastgate Garden Civic Association, and currently attending the Civilian Police Academy.

Tami Peters – continues to volunteer for the Ginkaku-Ji Karate Dojo.

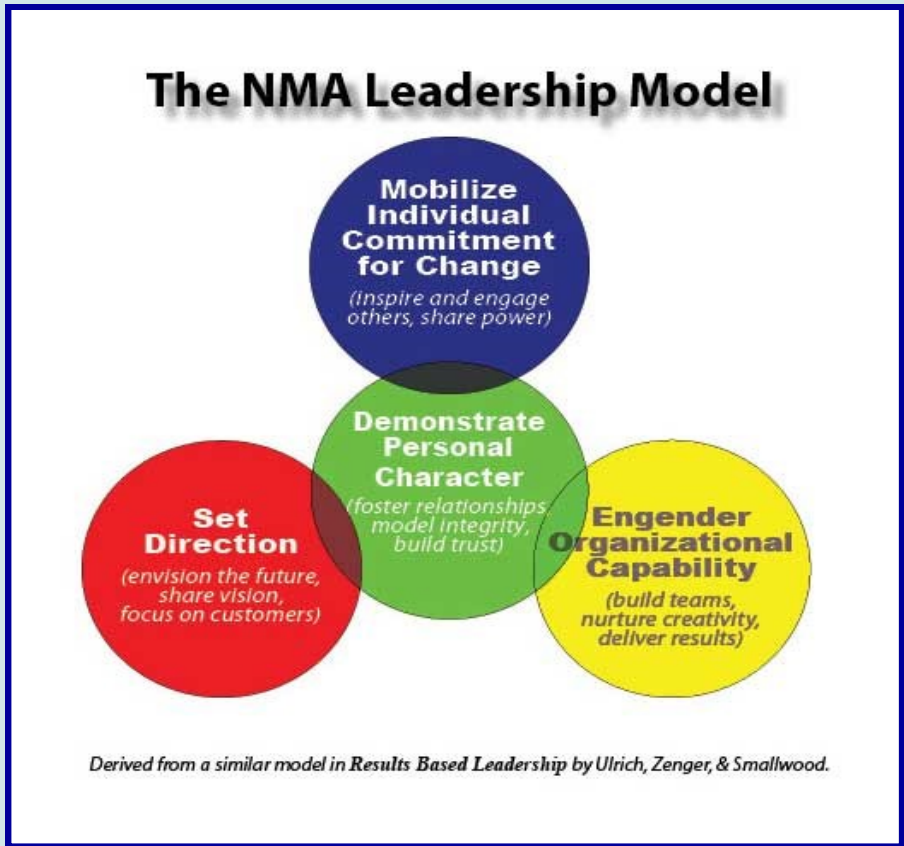
Kathy Spatz – Serves on the Westerville Parks and Recreation Park Advisory Board and the Inniswood Metro Gardens Society Board of Trustees

Terrell Spencer – currently holds the office of President of the Livingston Heights Place Civic Association.

Bee Tolber – volunteers at the North Central Area Commissioner, Big Brother Big Sister mentor, Columbus City School Board, Tray Lee Center volunteer, also a St. Stephen’s Community House CCS Mentorship Program.

Jeff Ushry – tutors at Eastmoor Academy where he also volunteers for the Touchdown Club and is a member of the EABPTA.

Scott Ward – Executive Board Member for the American Legion and the Association of the United States Army.



NMA Announcements

All are welcome to attend:

City of Columbus Toastmasters



Meetings:

1st Thursdays

Citywide Training Center
750 Piedmont Road
Training Room C
12:00 to 1:00 PM

2nd Thursdays

77 North Front Street,
Lower Level
Columbus Stat Room
12:00 to 1:00 PM

3rd Thursdays

Columbus Public Health
240 Parsons Avenue
Room 119-C
6:00 to 7:00 PM



NO EXPERIENCE NEEDED!

I am looking to train YOU in Publisher so that YOU can be our future editor for this award winning publication. Email Beth at

bfkinney@columbus.gov



Member Meeting Event—January 17, 2017

Interested in learning and growing? Consider becoming part of the **Chapter Leadership Team** for 2017—2018. We want you to be a part of the future of NMA.

Contact Jeff Emhuff at JTEmhuff@columbus.gov or Kathy Spatz at kaspatz@columbus.gov



Free Webinars

Are you interested in learning new skills on your lunch hour? NMA has posted their past webinars, and you can watch them for free! Presentations include

“Understanding and Managing a Generational Workforce”, “Presentation Skills” and “Business Communications, The Toolbelt for Effective Workplace Communications”, “Leading with Emotional Intelligence” and more.

Contact Carnell Felton cbfelton@columbus.gov today to reserve your seat for the next Professional Development opportunity.

What is NMA?

NMA The Leadership Development Organization is a professional association headquartered in Dayton, Ohio. The Association is a national not-for profit organization serving about 20,000 members worldwide.

NMA Code of Ethics

I will recognize that all individuals inherently desire to practice their occupations to the best of their ability.

I will assume that all individuals want to do their best.

I will maintain a broad and balanced outlook and will recognize value in the ideas and opinions of others.

I will be guided in all my activities by truth, accuracy, fair dealing and good taste.

I will keep informed on the latest developments in techniques, equipment, and processes.

I will recommend or initiate methods to increase productivity and efficiency.

I will support efforts to strengthen the management profession through training and education.

I will help my associates reach personal and professional fulfillment.

I will earn and carefully guard my reputation for good moral character and good citizenship.

I will promote the principles of our American Enterprise System to others, by highlighting its accomplishments and displaying confidence in its future.

I will recognize that leadership is a call to service.

NMA Statement of Principles

NMA is dedicated to managerial excellence, personal and professional growth, and leadership development. The following principles identify NMA's core beliefs and provide the basis for the Association's Mission Statement.

We believe in the highest standards of personal and organizational integrity and respect for the individual.

We believe in lifelong learning, continuous improvement, and the development of a workforce capable of sustaining a competitive posture in the global economy.

We believe management is a creative, dynamic, and essential process enabling people to achieve personal and organizational objectives.

We believe that managerial responsibility is shared among all individuals at all levels of the organization and that leadership is critical to management success.

We believe that individuals and organizations have a community and civic responsibility.

NMA Mission Statement

NMA creates leadership development products and opportunities that maximize the potential of our members, sponsoring organizations, and communities.

NMA OFFICERS AND BOARD MEMBERS JULY 2016—JUNE 2017

<u>Officers/Term End</u>	<u>Name</u>	<u>Phone</u>	<u>Email</u>
President	Teresa Langer	645-4128	tlanger@columbus.gov
1st Vice President	Bee Tolber	645-7496	bvtolber@columbus.gov
2nd Vice President	Vacant		
Secretary	Lezley Neal	645-0422	lrneal@columbus.gov
Treasurer	Rhonda Brown	221-3132x75653	rbrown@columbus.gov
Past President	Jeff Emhuff	645-3655	jtemhuff@columbus.gov
National Director	Kathy Spatz	645-0487	kaspatz@columbus.gov
Lifetime Director	Bill Mahaffey	795-1582	Billm4715@sbcglobal.net
<u>Board of Directors</u>			
At Large/2017	Terrell Spencer	645-6133	tlspencer@columbus.gov
Development/2018	Yvette Aniagolu	645-3692	YKAniagolu@columbus.gov
Public Safety	Terry Neal	221-3132x75480	TNeal@columbus.gov
Public Service/2017	Jay Gantzer	645-0413	RJGantzer@columbus.gov
Public Utilities/2017	Cindy Fruth	645-7304	cmfruth@columbus.gov
SWACO/2018	Albert Iosue	871-5100	albert.iosue@swaco.org
Technology/2017	Margaret McDougald	645-0550	MABrowder@columbus.gov
<u>Committees</u>			
Chapter Awards	Amy Ackerson	645-8119	aackerson@columbus.gov
Community Service	LaVerne Freeman	645-0550	lafreeman@columbus.gov
Membership	Geneva Christensen	645-5384	gchristensen@columbus.gov
Programs	Judy Johnson	645-0526	JAJohnson@columbus.gov
Professional Development	Carnell Felton	645-3132x1200	CBFelton@columbus.gov
Public Relations	Beth Fairman Kinney	645-7116	bfkinney@columbus.gov
<u>Executive Advisory Committee</u>			
	<u>Title</u>	<u>Agency</u>	
Derek Anderson	Deputy Director	Neighborhoods	DHAnderson@columbus.gov
Sherry Kish	Deputy Director	Technology	SRKish@columbus.gov
Dr. Richard Westerfield	Administrator	Public Utilities	RCWesterfield@columbus.gov
Ned Pettus, Jr.	Director	Public Safety	NPettusjr@columbus.gov
Jeff Emhuff	Past President		jtemhuff@columbus.gov



The Lighthouse is published by members of the Columbus Service Chapter of NMA. Special thanks to Beth Fairman Kinney, Teresa Langer, Kathy Spatz, Lesley Carter, Bee Tolber and Rhonda Brown for contributing to this edition.