

# The Lighthouse

NMA...The Leadership Development Organization Columbus Public Service Chapter

The *first* Public Sector Chapter - *est*. 1981



# JANUARY MONTHLY MEETING EVENT

Happy New Year! For our first meeting of the new year we had the honor to receive information from Marianne Steger, Director of Public Sector Strategy from *Willis Towers Watson*. Marianne has more than 35 years of experience in health plan strategy and design, employee benefits, labor relations and public policy. She currently works with public employers and unions to preserve retiree health care. Marianne is also the retired Director of Health Care for the Ohio Public Employees Retirement System (OPERS).

Marianne spent 30 years partnering with public employers on health care issues in her career with the American Federation of State County and Municipal Employees, AFL-CIO. She has partnered with numerous public sector entities in Ohio helping them provide quality

affordable health care to employees including: the State of Ohio, Franklin County, City of Dayton, Cincinnati Public Schools, the City of Cincinnati, City of Columbus, City of Niles, Miami University, City of Akron, City of Toledo, Lucas County, Cuyahoga County and others.

Marianne is very knowledgeable in the health care field and she provided members a lot of valuable information at the event.



Marianne and President Lesley Carter

## January 2020

Visit the Columbus
Public Service Chapter
website:
www.nma-cpsc.org

Visit us on Facebook at www.Facebook.com/
NMACPSC

Read the latest issue of Breaktime at www.nma1.org/nma-breaktime

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# NMA Family Scrapbook

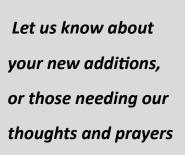


Congratulations to Renée Hudson on the birth of her first granddaughter!

Marianne gave NMA event attendees these lessons she has learned over the years:

- Don't be afraid to look down the road that you didn't take.
- Learn what you can from other people but do it with your own heart.
- Embrace your ignorance. Run towards knowledge. Marianne said when you can find your ignorance and embrace it then it is a blessing.
- Have a good relationship with people. She said your words have meaning to you however, they can mean something different to someone else.
- Marianne suggests that everyone read the book "7 Habits of
  Highly Effective People" by Stephen Covey. Her favorite take
  away from the book is "Seek first to understand." She said you
  should try to understand why something is the way it is first before reacting.
- Always leave a place better than you found it. Marianne tells
  members they should want to walk away feeling like they made
  a difference and made something better than it was when they
  first got there.

Marianne also provided information about the recent OPERS vote and answered several questions from members. She told everyone to take advantage of healthcare counselors provided by OPERS.





Marianne sharing her knowledge



Marianne and Programs Chair Hugh Williams

#### **Announcements**

# February Event

DATE: Thursday, February 20, 2020

TIME: 11:30 a.m.—1:00 p.m.

LOCATION: Transportation Training Center

1881 E 25th Avenue Columbus, Ohio 43219

MENU: Box lunches

Agenda:

11:30 Registration/Networking

11:40 Invocation/Pledge of Allegiance

11:45 Lunch

12:05 Guest Speaker: Maria Cantrell, P.E. New

Roadway Safety Initiative, Project Zero

12:50 Committee Reports

12:55 50/50 Raffle

1:00 Closing Remarks

Make reservations by Monday, February 17th, 2020 to Lesley Carter at <a href="mailto:lacater@columbus.gov">lacater@columbus.gov</a> or 614-645-0071 Preferred method is to accept the meeting invitation through Outlook

(Please let us know if you are bringing a guest)

Guest Fee: \$12

Don't forget your pop can tabs for Ronald McDonald House

## NMA Calendar

#### January 2020

1 New Year's Day

20 Martin Luther King

Jr. Pau

23 Board Meeting

#### February 2020

2 Groundhog Pay

14 Valentine's Day

17 President's Day

27 Board Meeting

#### March 2020

5-8 Arnold Sports
Festival

8 Pay Light Savings
Time starts

17 St. Patrick's Day

26 Board Meeting



#### **PHOTOS FROM EVENT!**









#### WEBINAR INFORMATION

The next Webinar is Thursday, February 20, 2020 at 12:00 pm & 3:00 pm EST. The topic is "Why Projects Fail...and How to Recover." The facilitator is Dave Goodman. Please keep an eye out in your email in order to participate in these valuable monthly webinars. You can also view the website at <a href="https://nma1.org/nma-learning-center/">https://nma1.org/nma-learning-center/</a> for more information and to sign up!



All are welcome to attend:

#### City of Columbus Toastmasters

#### **Meetings:**

1st, 2nd & 3rd Thursday of every month at

Columbus Public Health 240 Parson Ave. Room 119-C 6:00 to 7:30 PM

For more information, Call 645-6032 or 216-8988

#### MEMBER SPOTLIGHT—CELESTE LACOUR-BELYN

Since that day, my purpose in life has changed.

The most unthinkable thing for a parent to go through is the loss of a child, especially to a senseless act of violence. On August 11, 2011, Celeste LaCour-Belyn unfortunately experienced this nightmare. Celeste's daughter, Leigh, was killed by a violent, indelible act by an ex-boyfriend. Leigh was only 18 years old. "This is something that I never ever expected to happen to our family. I was naïve to the signs that were in my face, and I had no idea this was a possibility. Since that day, my purpose in life has changed."

After Leigh's death, Celeste founded Leigh's Legacy in partnership with S.A.V.E (Strategies Against Violence Everywhere). Leigh's Legacy addresses teen dating violence. "What happened to my daughter happened to me, my son and our wonderful extended family, but also our community. I want people to know that teen dating violence is out there and it can happen to others. I want mothers to talk to their sons and daughters about this. I want schools to point out the dangers to students, and I want coaches to discuss healthy dating relationships with their players. The work of this foundation is never far from my mind. It is my life, and I work daily to carry the message of stopping teen dating violence to students and mothers. It has become my purpose and life's mission."

Celeste has a very strong support system in a group of fantastic friends that have joined with her to become board members of Leigh's Legacy Foundation. Celeste especially finds support in Les Wright, who founded S.A.V.E. "She understands the importance of this issue, and has been like an older sister. She and S.A.V.E have been a tremendous help in getting the foundation up and running."

When Celeste is not spreading the word about Leigh's Legacy, she is working fulltime as a Business Development Specialist for the City of Columbus, Department of Development. But, Celeste does put one thing first, being a mother. "My children are the best things that ever happened to me. They are the reason for everything I do. Both of my children have been a source of joy and inspiration." Celeste's son Louis, who is just 18 years old, has already formed a business called AV3 which designs clothing for young adults.



In continuing Leigh's Legacy, Celeste plans to make presentations at more schools, to make sure teachers and counselors know more about the signs of teen dating violence, and to start workshop sessions called Mom to Mom where she makes moms aware of the dangers. "To prevent teen violence is my life goal. I would like to raise awareness for the tragedy of this issue and make it a national campaign, like Mothers Against Drunk Driving. We are starting in central Ohio but hope to take this message of safe, healthy dating relationships to teens and their families in Ohio and across the nation." To find out how you can help, visit www.leighslegacy.org.

#### What is NMA?

NMA <u>The Leadership Development Organization</u> is a professional association headquartered in Dayton, Ohio. The Association is a national not-for profit organization serving about 20,000 members worldwide.

#### **NMA Code of Ethics**

I will recognize that all individuals inherently desire to practice their occupations to the best of their ability.

I will assume that all individuals want to do their best.

I will maintain a broad and balanced outlook and will recognize value in the ideas and opinions of others.

I will be guided in all my activities by truth, accuracy, fair dealing and good taste.

I will keep informed on the latest developments in techniques, equipment, and processes.

I will recommend or initiate methods to increase productivity and efficiency.

I will support efforts to strengthen the management profession through training and education.

I will help my associates reach personal and professional fulfillment.

I will earn and carefully guard my reputation for good moral character and good citizenship.

I will promote the principles of our American Enterprise System to others, by highlighting its accomplishments and displaying confidence in its future.

I will recognize that leadership is a call to service.

#### **NMA Statement of Principles**

NMA is dedicated to managerial excellence, personal and professional growth, and leadership development. The following principles identify NMA's core beliefs and provide the basis for the Association's Mission Statement.

We believe in the highest standards of personal and organizational integrity and respect for the individual.

We believe in lifelong learning, continuous improvement, and the development of a workforce capable of sustaining a competitive posture in the global economy.

We believe management is a creative, dynamic, and essential process enabling people to achieve personal and organizational objectives.

We believe that managerial responsibility is shared among all individuals at all levels of the organization and that leadership is critical to management success.

We believe that individuals and organizations have a community and civic responsibility.

#### **NMA Mission Statement**

NMA creates leadership development products and opportunities that maximize the potential of our members, sponsoring organizations and communities.



## Helping Hands

MEMBERS—Contact us to see your name here!

**Yvette Aniagolu**—volunteers with IMPREM Community Outreach— assisting with its community food give away.

C. Celeste LaCour-Belyn—volunteers with Twin Rivers Links, Inc. going to middle and high schools speaking on "The Signs that I Missed" in relation to the death of her daughter. She also teaches a "Safe Dates" curriculum to school counselors and health and wellness teachers at local schools.

**Bruce Black** – is President of the Berwick Civic Association.

Joya Brooks—volunteers through Big Brothers Big Sisters mentor program.

**Lesley Carter**—volunteers for Girl Scouts GSOH Troop 1975 and Columbus City Schools Berwick Alternative K-8.

**Jeff Emhuff**—volunteers at the Metro Parks 2-3 times a month.

Cindy Fruth – continues to volunteer as the Treasurer of the Columbus Employees Association and is also the Treasurer of her church.

**Diann Johnson**—volunteers at Gloria S. Friend Christian Academy, Pelotonia of Columbus, Top Teens of America, United Negro College Fund and Urban Growth Development Corporation.

**Beth Fairman Kinney** – volunteers

as the Outdoor Events Coordinator for Cub Scout Pack 41 and mentors at Marion Franklin High School.

**Teresa Langer** – continues to sell candy bars to support the NMA speech contest.

**Lisa Landoll** – volunteers at the information desk at Riverside Methodist Hospital.

**Victoria Landrum** – volunteers with Stories Behind Their Eyes – Human Trafficking Awareness.

**Terry Neal** – volunteers as a Board Member for the Eastgate Garden Civic Association and is a member of the Columbus Police Civic Volunteer Corps.

Kasia Richey—volunteers through Big Brothers Big Sisters mentor program and is the Board Member/ Tournament Assistant Coordinator for All Ohio Premier Basketball program. Kathy Spatz – volunteers as a
Trustee for the Inniswood Gardens
Society and is a Westerville Parks and
Recreation Advisory Board member.

**Terrell Spencer** – currently holds the office of President of the Livingston Heights Place Civic Association.

Bee Tolber – volunteers at the North Central Area Commissioner, Big Brothers Big Sisters mentor, Columbus City School Board, Tray Lee Center volunteer, also at St. Stephen's Community House CCS Mentorship Program.

Jeff Ushry – tutors at East moor Academy where he also volunteers for the Touchdown Club and is a member of the EABPTA.

**Scott Ward** – is an Executive Board Member for the American Legion and the Association of the United States Army.

# Mobilize Individual Commitment for Change (inspire and engage others, share power) Demonstrate Personal Character (foster relationships model integrity, build trust) Capability (build teams, nurture creativity, deliver results)

The NMA Leadership Model

Derived from a similar model in Results Based Leadership by Ulrich, Zenger, & Smallwood.



#### NMA OFFICERS AND BOARD MEMBERS JULY 2019—JUNE 2020

Officers	Name /Term	Office Phone	<u>Department</u>	<u>Email</u>
President	Lesley Carter	614-645-0071	DoSD/Compost	lacarter@columbus.gov
1st Vice President	Beth Fairman Kinney	614-645-5220	Neighborhoods	bfkinney@columbus.gov
2nd Vice President	Lezley Neal	614-645-0422	Public Service/Support	Irneal@columbus.gov
Secretary	Paula Hall	614-645-0013	Technology	pjhall@columbus.gov
Treasurer	Teresa Langer (Interim)	1	Retired	freetal@aol.com
Past President	Bee Tolber	614-645-7496	DPU/DoSD	bvtolber@columbus.gov
National Director 2018 National Chair	Kathy Spatz	614-645-0487	Recreation & Parks	kaspatz@columbus.gov
Lifetime Director 2004 National Chairman	Bill Mahaffey, CM	614-795-1582	Retired	Billm4715@sbcglobal.net
Board of Directors	<u>I</u>	<u> </u>	<u> </u>	1
At Large	Terrell Spencer 2021	614-645-6133	Finance/Fleet	tespencer@columbus.gov
Development	Yvette Aniagolu 2020	614-645-3692	Development/Fiscal	ykaniagolu@columbus.gov
Public Safety	VACANT	1		
Public Service	Catrina Whitlock 2020	614-645-0529	Public Service/ Refuse	cdwhitlock@columbus.gov
Public Utilities	Debbie Ioia 2021	614-645-	DPU/Fiscal	daioia@columbus.gov
Technology	Margaret McDougald 2021	614-645-1608	DoT/Fiscal	mabrowder@columbus.gov
SWACO	VACANT		SWACO	
Committees	l .		·	
Chapter Awards	Geneva Christensen	614-645-5384	Public Safety/Fire	gchristensen@columbus.gov
Community Service	Diann Johnson Bee Tolber	614-645-8650 614-645-7496	Development DPU/DoSD	drjohnson@columbus.gov bvtolber@columbus.gov
Membership	Rhonda Brown	614-221- 3132x5663	Public Safety/Fire	rbrown@columbus.gov
Professional Develop.	Keith King	614-645-5504	Technology	kbking@columbus.gov
	Lisa Landoll	614-645-2867	Building and Zoning	Imlandoll@columbus.gov
Programs	Hugh Williams John Fiore Mike LaRowe Linda Rightor	614-645-8079 614-645-5751 614-645-6060 Retired	Design & Construction Technology Design & Construction Retired	hwilliams@columbus.gov jjfiore@columbus.gov mllarowe@columbus.gov RightorL@hotmail.com
Public Relations	Renée Hudson	614-645-4423	Public Safety/Police	rhudson@columbuspolice.org
Executive Advisory Cor	ı mmittee			1
Name	Title	1	Agency	Email
Derek Anderson	Assistant Director		Public Utilities	dhanderson@columbus.gov
Nichole Brandon	Director		Human Resources	nmbrandon@columbus.gov
Dr. Ned Pettus, Jr.	Director		Public Safety	npettusjr@columbus.gov
VACANT				
Bee Tolber	Past President		DPU/DoSD	bvtolber@columbus.gov

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